

## • **Zubeda Khaliq Memorial Hospital--Annual Report Summary for the Year 2013**

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**To the friends and supporters of the Zubeda Khaliq Memorial Hospital:**

**This is a brief Summary of the Annual Report for the year 2013. The detailed Report is being uploaded on [www.zkmfreehospital.org](http://www.zkmfreehospital.org) under "Latest News".**

Since its inception in 2008, the ZKMH has been providing free medical treatment to the poor and needy people of Baltistan, a remote and highly mountainous region in Northern Pakistan. During these years the Hospital has been steadily increasing standards of medical care offered to patients and has made considerable progress during the period in all areas. The highlights for 2013 are:

1. During 2013 the Hospital treated free of cost 63,661 patients (2012: 60,431) and performed 323 surgeries (2012: 266). Statistically, this works out to 13% of the population of Baltistan with the breakdown of patients treated being: 28% males, 38% females and 34% children. The Hospital also delivered 110 babies during the year. **The aim of the management is to increase medical coverage to at least 20% of the population of Baltistan within 3-4 years and have the following medical specialists on board on a full time basis: a pediatrician, a qualified physician, an anesthetist and a surgeon. The Hospital already has a full time qualified gynecologist.**

2. The bed strength over the years has increased from 50 to 75 beds in addition to a new Out Patient Department having an A&E Department and an emergency operation theater. New 3 out patient consulting rooms have also been added for visiting medical consultants.

3. The old Hospital building now contains 5 wards, 2 operation theaters, an intensive care unit, a labor room and a labor ward.

4. The Outreach Program which was started about 2 years ago bringing basic healthcare to far flung areas has been highly successful and which has resulted in the opening of permanent new dispensaries in many of these remote communities. Nine such new dispensaries were opened through a generous funding by the Fiysabililah Compassionate Aid Organization of Ontario, Canada. These were opened after training 9 young girls as therapeutic paramedics by the Hospital. Thus together with the existing dispensaries, the Hospital is now running 14 such dispensaries in remote communities.

5. The Gynecology Department headed by a qualified full time gynecologist has worked round the clock delivering 110 babies and performed many procedures such as hysterectomies, C Section, ultrasounds, DNC etc as well as advice on family planning.

6. Progress in other areas:

- A new metal road to the main Hospital has been built in 2013 by the Government.
- 3 bedded ICU is being commissioned next to the operation theaters.
- 4 bedded post operative ward has also started functioning.
- Blood bank and other essential equipment has reached the port city of Karachi and is under custom clearance.
- A new documentary on the Hospital was completed by White Rice Communications, a young, dynamic film, animation and design

company, at a nominal cost. This has now been uploaded on our website. White Rice has also designed and have maintained our website since inception free of cost for which we are very grateful. You may reach them at [www.whiterice.com.com](http://www.whiterice.com.com).

## 7. Institutional Donors

We are pleased to inform you that the following companies have ZKMH as part of their Corporate Social Responsibility (CSR) program:

- Interactive Group, a major successful IT company
- Proline Wovens (Pvt.) Ltd. (The Jumani Family)

In addition, we are grateful to the Infaq Foundation who have given a generous donation of Rs.1million in each of the last 2 years.

We remain indebted to our donors, volunteer medical consultants and our staff who have steadfastly supported the Hospital's activities without whose help we would not have achieved any success. To each of you a big thank you and may God bless you all!

If you should require further information or explanation please let us know.

Kind regards,

**Prof. Dr. Sikander H. Khan,**

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